



Healthy Kiwi Dinners

*Healthy Choices make
Healthy Kiwis!*

PH: 03 982 4980

FROZEN MEALS ALL ONLY \$14

SERVED WITH POTATO AND 3 SEASONAL VEGES

MILD CURRIED SAUSAGES
SAVORY MINCE
LAMBS FRY & BACON
BEEF & RED WINE CASSEROLE
HAWAIIAN BEEF
LAMB CASSEROLE
IRISH STEW
BUTTER CHICKEN WITH RICE
FISH & WHITE SAUCE
SAUSAGE & ONION GRAVY

DEVILLED SAUSAGES
CHICKEN CASSEROLE
MEAT LOAF
APRICOT CHICKEN
COTTAGE PIE
BEEF STROGANOFF
FISH PIE
SWEET N SOUR PORK
WITH RICE & STIR FRY VEGES
OR 3 VEGES



**BUY 10 FROZEN MEALS
and get 1 FREE**

PICK UP ONLY APPLIES TO THIS SPECIAL

**ORDER 10 OR MORE
FROZEN MEALS
TO QUALIFY FOR FREE DELIVERY
WITHIN CHRISTCHURCH METRO AREA ONLY**

SERVED WITH 3 SEASONAL VEGES

BACON AND EGG PIE WITH VEGETABLES
LASAGNE WITH VEGETABLES
MACARONI CHEESE WITH VEGETABLES

ALL \$14

Prices subject to change without notice

NewPark, Unit 14,
14 Broad Street, Woolston
www.healthykiwidinners.co.nz

MONDAY - FRIDAY
10am - 1.30pm and 4pm - 6pm
SATURDAY CLOSED
SUNDAY 4pm - 6pm

**PUBLIC
HOLIDAYS
CLOSED**