



# Healthy Kiwi Dinners

*Healthy Choices make  
Healthy Kiwis!*



## PH: 03 982 4980

*Takeaway or Delivery (delivery charges apply - minimum \$8)  
Minimum order \$30 for delivery*

### DINNERS with 6 vegetables and gravy

|                     |        |      |
|---------------------|--------|------|
| ROAST LAMB          | SMALL  | \$14 |
| ROAST CHICKEN       | MEDIUM | \$16 |
| ROAST PORK          | LARGE  | \$18 |
| ROAST BEEF          |        |      |
| SILVERSIDE          |        |      |
| VEGETARIAN LOAF     |        |      |
| KIWI BEEF CASSEROLE |        |      |



### EXTRAS

|                |        |
|----------------|--------|
| POTATO & GRAVY | \$4.00 |
| LARGE GRAVY    | \$3.00 |
| SMALL GRAVY    | \$2.00 |
| MINT JELLY     | \$1.00 |
| APPLE SAUCE    | \$1.00 |

### SANDWICHES

FRESHLY MADE WITH WHOLEMEAL BREAD

|                      |        |
|----------------------|--------|
| SALAD DAGWOOD        | \$6.50 |
| SALAD & MEAT DAGWOOD | \$7.50 |



### SALADS

includes: fruit, nuts, seeds, vegetables, mayo and cheese

|                 |        |      |
|-----------------|--------|------|
| LAMB            | SMALL  | \$14 |
| CHICKEN         | MEDIUM | \$16 |
| PORK            | LARGE  | \$18 |
| ROAST BEEF      |        |      |
| VEGETARIAN LOAF |        |      |

### DESSERTS

|                            |        |
|----------------------------|--------|
| BRANDY SNAPS & FRESH CREAM | \$7.00 |
| PAVLOVA & FRESH CREAM      | \$7.00 |
| TRIFLE                     | \$7.00 |
| ICE CREAM TUB              | \$3.50 |

### SOUP OF THE DAY \$7

*Prices subject to  
change without notice*



NewPark, Unit 14,  
14 Broad Street, Woolston  
[www.healthykiwidinners.co.nz](http://www.healthykiwidinners.co.nz)

**MONDAY - FRIDAY**

10am - 1.30pm and 4pm - 6pm

**SATURDAY CLOSED**

**SUNDAY 4pm - 6pm**

**PUBLIC HOLIDAYS  
CLOSED**