



Healthy Kiwi Dinners

Healthy Choices make
Healthy Kiwis!



PHONE: 03 982 4980

Takeaway or Delivery (delivery charges apply - minimum \$8)
Minimum order \$30 for delivery

DINNERS

with 6 vegetables and gravy

- ROAST LAMB
- ROAST CHICKEN
- ROAST PORK
- ROAST BEEF
- SILVERSIDE
- VEGETARIAN LOAF
- KIWI BEEF CASSEROLE



SMALL	MEDIUM	LARGE
\$13	\$15	\$18

SALADS

includes: fruit, nuts, seeds,
vegetables, mayo and cheese

- ROAST LAMB
- ROAST CHICKEN
- ROAST PORK
- SILVERSIDE
- VEGETARIAN LOAF

SMALL	MEDIUM	LARGE
\$13	\$15	\$18

FAMILY VALUE PACK

- 2 LARGE MEALS
- 2 MEDIUM MEALS
- 4 DESSERTS
- 1 LITRE JUICE *or*
- 1.5 LITRE COKE RANGE

ONLY \$90



**Gluten
FREE
Available**

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ADDRESS: NewPark, Unit 14, 14 Broad Street, Woolston

www.healthykiwidinners.co.nz



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SANDWICHES

FRESHLY MADE WITH YOUR CHOICE OF
WHITE or WHOLEMEAL BREAD

SALAD & MEAT DAGWOOD \$7.50

SALAD DAGWOOD \$6.50



DESSERTS

BRANDY SNAPS & FRESH CREAM \$7.00

PAVLOVA & FRESH CREAM \$7.00

APPLE SHORTCAKE \$7.00

CHEESECAKE \$7.00

CUSTARD MUDSLIDE \$7.00

ICE CREAM TUB \$3.50

TRIFLE \$7.00



COLD DRINKS

1 L ORANGE JUICE \$6.00

1.5L COKE RANGE incl ZERO \$5.00

Prices subject to change without notice

SOUP OF THE DAY \$7.00

EXTRAS

POTATO & GRAVY \$4.00

LARGE GRAVY \$3.00

SMALL GRAVY \$2.00

MINT JELLY \$1.00

APPLE SAUCE \$1.00

ORANGE JUICE \$6.00

PLUS a wide range of Frozen
Meals available (with seasonal vegetables)



Only \$13

TRADING HOURS

MON - FRI 10am - 1.30pm
4pm - 6pm

SATURDAY CLOSED

SUNDAY 4pm - 6pm
(evenings only)

PUBLIC HOLIDAYS CLOSED



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